

SHODOKAN AIKIDO UK

Newsletter 52 - October 2009



Aikido World Championships

The recent Aikido Festival commemorated the 30th anniversary of the death of Tomiki in 1979 and was a fitting tribute to Tomiki and to the amount of effort that all Aikido members have put into the development of Aikido over the past 30 years.

This time, in contrast to 2005, the event was really dominated by the Japanese who took most of the medals. Although for us in the UK the highlight of the Competition has to be Christian Kirkham's victory in the Men's individual. He performed brilliantly with a growing respect from all Competitors that he met and fought against as he progressed through the Competition. A number of other members of the BAA Squad gained well deserved medals and although Shodokan UK did not win any medals this time around they gained valuable experience and a foundation on which to build for the next World Championships in 2013.

As always, a feature of these events was the great sportsmanship shown by all Competitors and with over 800 participants, a growing awareness that the sport is slowly but surely growing.

And the results...(if anyone can fill in the gaps for me I will print the complete list in the next Newsletter);

Womens Individuals

- 1st Rie Yamamoto (Kansai)
- 2nd Sanae Sakakibara (Kanto)
- 3rd Laura Beardsmore (BAA), Fumika Yamasaki (Kansai)

Men's Individuals

- 1st Christian Kirkham (BAA)
- 2nd Yasuhiro Matsubara (Kanto)
- 3rd Ramey Josh (JAA/USA), Jyunji Konaka (Kanto)

Womens Team Randori

- 1st Kansai A
- 2nd BAA

Men's Team Randori

- 1st Kanto A
- 2nd Kansai A

Mixed Team

- 1st Kansai
- 2nd Kansai

Embu – Free Style

- 1st Kansai (Kentaro Sugano & Shinnosuke Sakai)
- 2nd Kanto
- 3rd BAA (Mick Pratt & Paul Carr)

Embu – Goshin No Kata

- 1st Kansai (Tetsuya Nariyama & Kazuki Mogami)
- 2nd Kansai
- 3rd Shidokan Tbilisi (Vakhtang Sikharulidze & Lasha Rostomashvili)

Embu – Tanto Randori

- 1st Kansai
- 2nd Kansai
- 3rd BAA (Christian Kirkham & James Bird)

Embu – 17 Basic Randori

- 1st Kansai
- 2nd Kansai

Shodokan Aikido UK

annual xmas seminar & party

saturday, 5th december

from 12:00pm, Registration

1:00-5:00pm, Seminar with Phil Newcombe



Dartford Judo Club: Cotton Lane, Dartford DA2 6PD

The Wharf Pub: Galleon Blvd, Crossways Business Park, Dartford DA2 6QE (downstairs restaurant)

Dinner: There is a min & max guest number requirement for a buffet at The Wharf Pub. Please **book** your place by email to shodokan.london@yahoo.co.uk. Vegetarian options available, however if you have other dietary requirements please let us know.

Fees: £15 Seminar, £15 Buffet Dinner (pay on day)

Accommodation: If you book now, there are good deals on ...www.laterooms.com or www.book.com

Hotels nearby to the Dojo are Campanile.com, Express by The Holiday Inn, The Holiday Inn, Travel Lodge near Crossways

For those around in the evening of Friday 4th December, details for a pub get-together in London will be sent closer to the time.

Competition Training, Tunbridge Wells Saturday 10th October

Time: 2:30 - 5:30pm
Cost: £6.00
Venue: Tunbridge Wells, Vale Road
Methodist Church Hall
Tunbridge Wells, TN1 1BX

Parking: There are a few spaces and parking meters down the nearby. Please feel welcome to contact James directly on the training and format of the class email - james@jamesdrivingschool.com

Tsuchiya Satoru Sensei Seminar Saturday 7th & Sunday 8th November, Brighton

Tsuchiya Satoru Sensei 6th Dan is coming over for the weekend to run a series of seminars. He will (amongst other things no doubt) be looking at the development from basics to hikitategeiko.

This course is aimed at all levels, and it is not aimed at randori players but all aikidoka.

Don't miss this opportunity of training with a Don of aikido
www.youtube.com/watch?v=bJs-2Uhjtk8
www.youtube.com/watch?v=OQ_ThadpEw0
[/www.kingalfredleisure.co.uk/index.cfm?request=b1100967](http://www.kingalfredleisure.co.uk/index.cfm?request=b1100967)

Time Saturday: 10:30am - 4:00pm
Time Sunday: 10:00am - 2:00pm
Course Fee: £20 for 2 days or £15 per day.

Please keep confirming attendances so I know we have a full hall.

If you are traveling to the event, please be aware that getting into Brighton can be crazy on a saturday morning so trains and bikes are advised. (It is about a 15 min cycle ride from Brighton mainline station and about 5 minutes from Hove mainline station). Taxi fare from Brighton station £6? from Hove £3.50?

If driving south: at roundabout at beginning of town, take 3rd exit, go under railway bridge by petrol station, up hill to next roundabout, take second exit. Go down hill and take second left at the bottom, signposted Hove. Follow road without turning left or right, to seafront and KA is opposite you on the left.

If you are staying overnight, book early as B&Bs and Travel Lodges/Premier Inns do get booked up. Call me if you need advice.

Paul Bonnet, 07774 629014, bonettpa@yahoo.co.uk
www.brightonaikido.co.uk
Ittaikan Aikido Dojo...a sport, a process and a way of life...

Shodokan Closed Competition Sunday 15^h November, Sheffield EISS

Full information and entry forms will be sent shortly in a separate email. In the meantime mark the date in your diary!

Registration between 9:30 - 10:00am.

Venue: English Institute of Sport Sheffield
Coleridge Road
Sheffield S9 5DA

Dan Grade Sessions

Dan Grade only training sessions in Tunbridge Wells. This takes place on the first Friday of every month and is open to all Dan Grades.

Date: Friday 6th November
Time: 7:00pm - 10:00pm
Cost: £6.00
Venue: Tunbridge Wells, Vale Road
Methodist Church Hall
Tunbridge Wells TN1 1BX

Japanese Kyu Certificates

Jon Cameron is producing Shodokan Aikido UK Kyu certificates for adults and juniors. Jon would need the name, grade, date of the examination and whether it is for a senior or junior. Certificate cost £2.00 each. Please email Jon on jc@shodokan.net

Newsletter Items?

If you have any news on club members, events, seminars or any Aikido news, please email shodokan.london@googlemail.com



Shodokan London Juniors Fun Day

at Swanmead Sports Way
off Cannon Lane, Tonbridge, Kent TN9 1PP

DATE TO BE CONFIRMED SOON!

All juniors, friends & family welcome.
£15 for the day.



Sumo
Prize Giving
Tanto 'Dodging'
Break Fall Challenge
Training & Practice Sessions

For more information
Di, postmaster@thebuckley5.plus.com - 07713 619 567
Chris, shodokan.london@googlemail.com - 07904 095 690

Event Calendar

2009

Saturday, 10th October	Competition Training	Tunbridge Wells	james@jamesdrivingschool.com
Friday, 6th November	Dan Grade Training	Tunbridge Wells	shodokan.london@yahoo.co.uk
Sunday, 15th November	Shodokan Closed Competition	Sheffield EISS	scottallbright@yahoo.co.uk
Friday, 4th December	Dan Grade Training	Tunbridge Wells	shodokan.london@yahoo.co.uk
Saturday, 5th December	Seminar & Xmas Bash	Dartford	shodokan.london@yahoo.co.uk

2010 Proposed 2010 Events (detail to be confirmed nearer to the time)

Saturday, 27th February	Seminar South	Dartford	shodokan.london@yahoo.co.uk
April	Student Nationals	Sheffield	scottallbright@yahoo.co.uk
TBC	Kyu Grade Inter Club Challenge	Hove	Jerome Chin Aleong & Lynne Marne
July	Shodokan Open	TBC	shodokan.london@yahoo.co.uk
October	Shodokan Closed	Sheffield	scottallbright@yahoo.co.uk
November	Shodokan London Juniors Fun Day	Tonbridge	shodokan.london@yahoo.co.uk
December	Seminar & Xmas Bash	North	scottallbright@yahoo.co.uk

Developments in the South

TBC - 3 x year	Seminars	South	shodokan.london@yahoo.co.uk
TBC - Monthly	Competition Training	Tunbridge Wells	james@jamesdrivingschool.com
TBC - Monthly	Dan Grade Training Sessions	Tunbridge Wells	shodokan.london@yahoo.co.uk

2011

TBC	International Championships	United Kingdom
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Venue Information:

Dartford - Dartford Judo Club, Cotton Lane, Dartford DL2 6BD

Sheffield - Kyogikan, Unit 15, 68 Eldon Street, Sheffield S1 4GT

Sheffield - English Institute of Sport (EIS) Sheffield, Coleridge Road, Sheffield S9 5DA

Tonbridge - Swanmead Sports Ground, Swanmead Way, Tonbridge TN9 1PP

Tunbridge Wells - Vale Road Methodist Church Hall, Tunbridge Wells, Kent TN1 1BX

York - Railway Institute, 22 Queen Street, York YO24 1AD

**If any club has an event they would like to add to the schedule
please email shodokan.london@yahoo.co.uk**

Belfast

Belfast Tuesday 7:30 - 9:30pm
Thursday 7:00 - 9:00pm

Courtney Hall, Cregagh Road, Belfast
Paul Bradley / aikipaulj@ntlworld.com

Belfast Monday 6:30 - 8:00pm

Valley Aikido, Valley Leisure Centre
Craig Chambers / aikidocraig@btinternet.com

Belfast Wednesday 7:30 - 9:30pm

Killyleagh Aikido Club
David Millar / davidmillars@onetel.com

Ittaikan Dojo

Brighton Monday 6:00 - 7:30pm
Wednesday 6:45 - 7:45am
Thursday 7:00 - 9:30pm (Juniors 7:00-8:00pm)
Saturday 7:00 - 8:00am
4:30 - 6:30pm
Sunday 10:30 - 12:00pm (Juniors)

Dorset Gardens, Brighton
Paul Bonnet / www.brightonaikido.co.uk

Shodokan London

Dartford Tuesday 7:30 - 9:00pm (All levels)

www.shodokanaikido.com

Dartford Judo Club, Cotton Lane, Dartford DA2 6PD
Di Buckley m 07713 619 567 / postmaster@thebuckley5.plus.com

Greenwich Monday 7:45 - 9:45pm (All levels)
Wednesday 7:30 - 9:30pm (All levels)

St. Marks Methodist Church, 22 Greenwich South St, London SE10 8TY
erikdop@googlemail.com, 07817 151 584

Islington Thursday 7:00 - 9:00pm (All Levels)

City University, Northampton Square, London EC1
jim.newcombe@hotmail.co.uk

Bromley Sunday 9:00 - 10:00am (Juniors)
Sunday 10:00 - 11:30am (Adults)
First Sunday 10:00 - 11:30am (Weapons)

The Bromley Pavilion Centre, Kentish Way, Bromley BR1 3EF
shodokan.london@yahoo.co.uk, m 07904 095 690
* No classes on bank holiday weekends*

Central London Shodokan

London W1 Monday 8:00 - 10:00pm

International Student House, Great Portland Street

London WC1 Monday 6:00 - 7:30pm (Adults basics)
Monday 7:30 - 9:00pm (Adults basics/applications)
Tuesday 4:15 - 5:00pm (Juniors aged 5-9)
Tuesday 5:00 - 6:00pm (Juniors aged 10-14)
Wednesday 6:00 - 7:30pm (Adults basics)
Wednesday 7:30 - 9:30pm (Adults basics/applications)
Thursday 6:00 - 6:45pm (Juniors)
Thursday 7:00 - 9:00pm (Adults Randori, all levels)
Saturday 10:00 - 11:00am (Juniors aged 6-10)
Saturday 11:00 - 12:00pm (Juniors aged 11-16)
Saturday 2:00 - 3:00pm (Adults weapons)
Saturday 4:00 - 6:00pm (Adults Randori, all levels)

www.centrallondonshodokanaikido.co.uk
Albion College 23, Bloomsbury Square, WC1A 2PJ
* No classes on bank holiday weekends *
Marlon Hoating

Hikarikan Shodokan BAA

London Tuesday 8:00 - 10:00pm

Woodlane Sports Centre, Woodlane, Dagenham, RM81JX
Rob Jackson, rob@hikarikan.co.uk

Wednesday 7:00 - 9:00pm

Elephant & Castle Leisure Centre
Paul Wildish, hikarikan_city@yahoo.co.uk

Fridays 7:30 - 9:00pm

Moberly Sport & Education Centre
The Quadrant, Kilburn Lane, London W10 4AH

Sunday 3:00 - 5:00pm

Romford YMCA, Rush Green Rd, Romford, Essex, RM7 0PH
Rob Jackson, rob@hikarikan.co.uk

Tanseikan Shodokan

London SE1 Tuesday 6:30 - 8:00pm (Juniors)
8:00 - 9:30pm (Adults)

City of London Academy (COLA), 240 Lynton Rd, SE1 5LA
Sean Muharrem

London SE12 Tuesday 6:15 - 7:45pm (Juniors)

Burnt Ash Methodist Church, Burnt Ash Hill, Grove Park, SE12
Vanda Fairchild 0208 857 3241

London SE12 Thursday 8:00 - 10:00pm (Adults)

Bannatynes Health Club, Marvels Lane, Grove Park, SE12
Vanda Fairchild 0208 857 3241

London SE16 Saturday 9:30 - 11:00am (Junior)
11:00 - 12:45pm (Adults)

Seven Islands Leisure Centre, 100 Lower Rd, Rotherhithe, SE16
David Fielding 0208 857 3241

East London Shodokan Club

Essex Tuesday 8:00 - 10:00pm Wood Lane Leisure Centre, Wood Lane, Dagenham RM8 1JX
Renshukai Aikido (Shodokan)

Essex Monday 7:00 - 8:30pm The Gymnasium (Buller Road entrance)
Eastbury Comprehensive School, Barking, Essex IG11 9UH
Instructors: Stephen Male, Kenneth Casey

Herriot Watt University

Edinburgh Tuesday 7:15 - 9:15pm www.shodokanedinburgh.com
Sunday 1:15 - 3:15pm Martin Livingston e: martin.livingston@talk21.com

Sussex Sport Aikido

Hove Tuesday 7:30 - 9:30pm St Andrews, (Old Church) Hall, Church Road, Hove
Brighton Friday 8:00 - 10:00pm University of Sussex, Sports Centre, Falmer, Brighton BN1 9RB
Lynne Mayne e: l.mayne@sussex.ac.uk

Kyogikan Dojo

Sheffield City Aikido Club Unit 15, 68 Eldon Street, Sheffield S1 4GT
Sheffield University Aikido Club Sheffield University / www.aikido.union.shef.ac.uk
Sheffield Hallam University Aikido Club Sheffield City / www.aikidosheffield.org.uk

Sheffield Monday 5:00 - 6:30pm (Randori)
Tuesday 6:30 - 8:00pm (Sheffield University + Sheffield Hallam)
Tuesday 8:00 - 9:30pm (City)
Wednesday 5:00 - 6:30pm (Sheffield University)
Thursday 5:00 - 6:30pm (Taught Randori)
Friday 5:00 - 6:30pm (Sheffield Hallam University)
Friday 6:30 - 8:00pm (City)
Friday 8:00 - 9:00pm (Weapons)
Saturday 11:30 - 1:00pm (1st Kyu + above)
Saturday 2:00 - 3:30pm (Competition training)

For details contact Scott or Celine, 07785 230 384, celinepagnier@yahoo.co.uk or scottallbright@yahoo.co.uk
Club Secretary, Chris Leong. Please contact us before visiting as timetable changes during University holidays.

South Manchester Shodokan

Manchester Thursday 6:30 - 7:30pm (Juniors) Moss Side Leisure Centre
(South MCH) Thursday 7:30 - 9:30pm (Adults)

Manchester Aikido Club (Shodokan)

Manchester Wednesday 7:30 - 9:30pm YMCA, Liverpool Road, Castlefields, Manchester
Saturday 2:00 - 4:00pm (Seniors only)

Nottingham University Shodokan

Nottingham Tuesday 7:00 - 8:30pm Nottingham University Sports Centre
Wednesday 8:00 - 10:00pm
Thursday 7:00 - 9:00pm

Shodokan Tonbridge & Tunbridge Wells

Tunbridge Wells Tuesday 8:00 - 10:00pm (Adults) Vale Road Methodist Church Hall, Tunbridge Wells, TN1 1BX
Thursday 8:00 - 10:00pm (Adults) James Burman, 07904 339 828, james@jamesdrivingschool.com

Tonbridge Saturday 10:00 - 11:00am (Juniors) Swanmead Sports Ground, Swanmead Way, Tonbridge, TN9 1PP
Saturday 11:00 - 12:30pm (Adults) Di Buckley, 07713 619 567, postmaster@thebuckley5.plus.com

Shodokan Wales

Wales Monday 7:30 - 10:00pm (from age 14) Monmouth Leisure Centre

York Aikido Club

York Monday 7:00 - 9:30pm www.york-aikido.org
Tuesday 7:00 - 9:30pm York St John, Temple Hall Building, Dance Studio
Wednesday 7:00 - 9:30pm (Sports session) Railways Institute, 22 Queen Street, York, YO24 1AD
Thursday 7:00 - 9:30pm Railways Institute, 22 Queen Street, York, YO24 1AD
York St John, Temple Hall Building, Dance Studio
Yann Golanski, yann@york-aikido.org